

Where To Find

NEURO-AFFIRMING SUPPORTS



Australian Autistic & Neurodivergent Resources: Organisations & Community

ASAN-AU (Autistic Self Advocacy Network – Australia & New Zealand)

Website: asan-aunz.org

Run by and for Autistic people, promoting rights, inclusion, and self-advocacy.

Reframing Autism

Website: reframingautism.org.au

Offers neuro-affirming education, training, and community resources. Founded and led by Autistic individuals.

Autism Spectrum Australia (Aspect)

Website: autismspectrum.org.au

Autistic Identity Project Features Autistic voices, especially those involved in research and lived experience work.

The I CAN Network

Website: icannetwork.online

A mentoring and advocacy program run by Autistic people for Autistic young people and schools.

Neurodiversity Media

Website: neurodiversitymedia.com

Career, advocacy, and lived experience resources—founded by Jac den Houting.

Yellow Ladybugs

Website: yellowladybugs.com.au

A peer-led organisation supporting Autistic girls, women, and gender-diverse individuals.

Autism Queensland (AQ)

Website: <https://autismqld.com.au>

Queensland's peak Autism body providing supports, therapy, and education.

ANPA - Australian Neurodivergent Parents Association

Website: <https://sites.google.com/view/theanpa/home>

Advocates for the rights, inclusion, and safety of Neurodivergent parents and their families across Australia.

TARA - The Autistic Realm Australia

Website: <https://facebook.com/autisticrealm>

TARA is creating change through lived experience advocacy.

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Rockabilby - Neurokin Events

Website: <http://www.neurokin.org.au>

*Carving their own way in life, living life intentionally, and passing on the freedom of individuality ,
zest for life, and creativity through their life's journey.*

Heidi La Paglia Reid Consulting

Website: <https://www.lapagliareidconsulting.com/>

*An Autistic lived experience advocate and policy consultant in all areas related to gender
equality and disability rights.*

Disability Leadership Institute

Website: <http://disabilityleaders.com.au/>

By disability leaders for disability leaders.

Kristy Forbes - InTune Pathways

Website: <https://www.kristyforbes.com.au/>

*An Autistic-led support and education platform offering trauma-informed, neurodiversity-
affirming guidance for families and professionals.*

Christina Keeble Consulting

Website: <https://christinakeeble.com/>

*A lived-experience consultant providing inclusive workshops and advocacy training for schools,
parents, and service providers.*

PDA Training Australia

Website: <https://pdatrainingaustralia.com.au/>

*Dedicated to educating professionals and families about PDA through accessible, research-
informed training and support.*

Chronic Resilience Lived Experience Occupational Therapy

Website: <https://www.chronicresilienceot.com/>

*A neurodivergent-run OT practice specialising in sensory regulation, masking, and client-led,
strengths-based support.*

NeuroWild

Website: <https://www.facebook.com/p/NeuroWild>

*A widely-loved social media hub offering visual explainers and neuro-affirming advocacy from
an Autistic professional.*

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Stimpunks Foundation

Website: <https://stimpunks.org>

A disability-led organisation blending mutual aid and advocacy, Stimpunks supports Neurodivergent and disabled people through community care, creativity, and radical accessibility.

Autistic Realms

Website: <https://autisticrealms.com/>

Autistic Realms shares neurodivergent perspectives, educational resources, and affirming tools rooted in lived experience and systemic critique.

Emergent Divergence

Website: <https://emergentdivergence.com/>

David Gray-Hammond's blog explores neurodivergent rights, education, wellbeing, and the harms of medicalised frameworks, with a strong advocate for Autistic-led discourse.

Jade Farrington – Neurodivergent Counsellor and Rewind Trauma Therapist

Website: <https://jadefarrington.com/>

Jade Farrington provides affirming, Neurodivergent-led counselling and trauma recovery using gentle methods tailored to Autistic, ADHD, and otherwise ND individuals.

Neurodiversity Manitoba

Website: <https://neurodiversitymb.ca/>

A Canadian-based hub amplifying neurodivergent voices, offering education, peer support, and advocacy to build inclusive, community-rooted systems that honour diverse minds.

Becca Lory Hector Consultant

Website: <https://beccalory.com/>

Becca Lory Hector is an openly Autistic advocate, consultant, speaker, and author dedicated to promoting Neurodiversity and inclusivity.

Neurokindred

Website: <http://neurokindred.com/>

A therapeutic journey for those in the post identification space, reflecting on what happens next and what could have been.

Viv Dawes, Autistic Advocate

Website: <https://www.autisticadvocate.co.uk/>

A neuro-affirming, LGBTQIA affirming and trauma informed advocate, trainer, consultant.

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Dr Alice Nicholls

Website: <https://www.dralicenicholls.com/>

Learn how to get what you need to live an inspired and energised life free from Autistic Burnout.

Autism Centre of Excellence

Website: <https://www.griffith.edu.au/research/arts-education-law/institute-educational-research/themes/autism-centre-excellence>

Lead positive change by learning about autism, develop your specialist knowledge and provide great support for autistic people.

Sandra Thom-Jones, The Autistic Professor

Website: <https://www.autisticprofessor.com/>

A proudly autistic academic, advocate and mother – sharing her views and learning experiences as a woman 'on the spectrum'.

Amanda Moses Psychology

Website: <https://www.amandamosespsychology.com.au/>

A collection of training, resources, and free content all aimed at helping you learn evidence-based psychological practice in a digestible way.

Autistic and Living the Dream

Website: <https://autisticltd.co.uk/>

A queer autistic researcher shares powerful reflections on addiction, activism, race, and resilience, offering nuanced insights into the intersection of autism, gender, and social justice.

Neurodivergent_Lou

Website: https://www.facebook.com/p/Neurodivergent_lou

Lou, an autistic mental health advocate, creates community by sharing insights and recommendations, tackling internalised ableism, and offering everyday Neurodivergent tips.

Orion Kelly

Website: <https://orionkelly.com.au/home>

An Australian autistic author, podcaster, actor, and YouTuber, Orion lifts up Autistic lived experience, busts myths, and fosters validation through his "My Friend Autism" podcast and online presence.

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Autie Biographical Comics

<https://www.autiebiographical.com/>

Theresa Scovil draws heartfelt, slice-of-life comics about Autistic daily living and identity, sharing relatable moments and gentle humour with a global Neurodivergent audience.

Asiatu Lawoyin

<https://www.asiatucoach.com/>

A Black, trans, agender Autistic sociologist and coach, Asiatu teaches how to deconstruct systemic oppression and reclaim Neurodivergent, intersectional identity, with a focus on liberation and inclusion.

